



2016/17 Season



WELCOME TO PENZANCE HOCKEY CLUB!

Penzance Hockey Club, based at Penzance Astro Park provides a friendly, family environment for the whole hockey family from aged six years old to the very senior players. As an EH ClubMark Accredited Club, we aim to create a safe, supportive and effective competitive sporting environment where fun and enjoyment are closely bound to high achievement and a strong sense of community. By placing your child's welfare at the centre of our concerns we are providing a solid foundation for the development of our young players, young officials and young volunteers of the future.

The Junior Section is overseen by Penzance HC Committee and Junior Committee. The junior section is run by experienced, qualified volunteer coaches who work extremely hard to offer a quality experience to all young players. This includes coaching sessions, team management and umpiring.

Please complete and return the Player Registration form, together with your membership fee which covers;

- Annual club membership
- All training sessions
- Opportunity to play in age group matches and festivals against other clubs and schools (Junior Match fee = £3)
- Opportunities to progress into development teams, senior teams and playing league hockey
- Opportunities to attend coaching and umpiring courses
- Presentation Day, Summer League & Social events

You will find all the relevant information regarding the club and its policies either on the Club Notice Board or website: www.penzancehockeyclub.com. These include; EH SafeD Policy, Club Welfare Officer (Lyn Manaton) contact details, Code of Ethics & Behaviour, DBS Policy, Equity, Respect Policy and the Club Codes of Conduct.

Also follows us on -



Code of Conduct for Players

As a member representing Penzance HC you are expected to adhere to the Code of Conduct as outlined below;

- Players should have total commitment and a positive attitude to training, to develop their own sporting abilities, in terms of skill, technique, tactics and fitness.
- Set a positive example for others, particularly young players and supporters.
- Know and abide by the rules and spirit of the game, and the competition rules, avoiding all forms of gamesmanship.
- Always have regard to the best interests of the club and game, including where publicly expressing an opinion on any aspects of the game and others involved in the game, before, during and after the match.
- Accept success and failure, victory and defeat, equally.
- Treat opponents with due respect at all times, irrespective of the result of the match, both on and off the pitch.
- Safeguard the physical fitness of opponents, avoid violence and rough play and help injured opponents.
- Show due respect towards the club's team officials.
- Show due respect towards match umpires, accepting all decisions without protest.

Any breach of the above code will be referred initially to the team captain and if deemed necessary then referred to the club committee.



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Your Role as a Parent/Legal Guardian

- Adhere to the rules of the club and adhere to the Codes of Ethics and Behaviour conduct within the club.
- Accept the guidance that coaches provide and umpires' decisions within matches.
- Use appropriate language at all times. Stay off the pitch during training and matches.
- Never force your child to participate
- Provide emergency contact details and any relevant information about your child including medical history, and update the club if it changes.
- Become involved in the club as much as possible. This provides your child with the support to enjoy their hockey.
- Support the coaches by ensuring your child enjoys their hockey and plays within the rules of the game.
- Encourage Fair Play.
- Encourage your child to recognise good performance, not just results.

For all training sessions and matches it is our request that:

- All children attending Penzance Hockey Club must be registered and paid members of the club, by completing a Registration Form and all fees (payable to Penzance Hockey Club) by the 31st October.
- Please ensure all children are ready to start their session on time, they **MUST REGISTER on arrival** and are picked up promptly at the end.
- **Please drop off and collect your children from the pitch gates** and do not allow them to walk unattended to the car park. Children can become easily separated and unaccounted for and therefore lost in a seemingly obvious situation. At this time in the evening there is a lot of traffic and it will be dark.
- We also ask that you contact the club or club personnel if you are running late to collect your child/ren.
- All children must be dressed appropriately for playing hockey, (and for the weather) this includes: suitable trainers or astro shoes, any type of shin pads, gum shield, hoodie/jumper and tracksuit bottoms (that can be taken off if needed). This also includes sun creams and wet weather clothes!
- All children must bring with a drink and any medication they may need ie asthma inhalers. They must also inform the coach taking their session that they have any conditions that they may need to take such medications.
- We encourage parents to stay during sessions so to feel part of the club. If you wish you could play by joining our **Back to Hockey** group who train at 6.30pm to 7.30pm! Or join our Junior Committee!

Penzance HC kit: Playing kit is available to purchase which includes socks, shirts, jackets and hoodies via our kit suppliers AGAME - www.agamesports.co.uk

Communication: we will post all news items on our website as well as circulate electronic Newsletters and email notifications. It is vital that you are a registered member on our website with the **correct email address**.

Fund raising: In order for us to keep our fees low, we need your help! Over the season we will organise Raffles, Cake Stalls, BBQ's, Bag 4 Sport and Supermarket Bag Packs to raise funds. **PLEASE PLAY YOUR PART BY HELPING AT THE EVENTS, MAKING A CAKE OR BRINGING A RAFFLE PRIZE!** We need your support!!!

Astronauts: We are an asset owning club, run by volunteers and so we regularly ask for a merry band of volunteers to help with maintenance and other general things around the club - look out for the emails and there's usually a bacon butty included!

In the event of very bad weather - It is not safe or practical to hold coaching sessions in such weather and the welfare of the children is paramount, so unfortunately there are times when we have to **cancel training**. Notification will be posted on the home page of our website and you will be emailed by 4pm on that Tuesday. A Coach will inevitably be at the club regardless of weather to confirm the decision if you are unsure.

If you require any further information please contact the junior committee. With a rapidly growing junior section your feedback and support is vital to us - please let us know if you feel that you can support the club in any way!! We hope your child/ren enjoy their time here with us and look forward to another successful season!

Barbara Reynolds (Chair Penzance Hockey Club)